The first fruit eaten on the moon was a peach.



## DAILY BREAKFAST CHOICES

Choose up to 2 Grain Choices such as cereal (=1), toast (=1), pancakes (=2), cinnamon

Texas toast (=2) OR Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)

Must choose at least

1: Fruit or Juice May Choose 1: Milk

Low Fat White Milk, Fat Free Flavored or Skim Milk

#### **DAILY LUNCH CHOICES:**

Choose 1: Entrée

Must choose at least 1: Fruit or Vegetable ( may choose up to 2 servings each of fruits & veggies with their meal )

#### **Available Daily:**

Meatless Entrée, Entrée Salads, Cold Sandwiches, Variety of Fruits & Juices

May Choose: 1 Milk; Low Fat White Milk. Fat Free Chocolate Flavored or Skim Milk

#### All menus are subject to change.

We do our best to provide our customers with all of our planned options, however, occasionally crops, weather & supplies have other ideas!



# Largo High School Menu



Visit nutrislice.com for Menu & Nutrition Information nutrislice

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Tue



13

Wed



Ham & Cheese Croissant Choose One:

Meatball Sub Asst. Entrée Salads Hot & Cold Sandwich's **Choose:** Seasoned Curly Fries Mixed Vegetables Carrots with Dip

8 Chicken Breakfast Bites

Breakfast Sausage Bagel

#### **Choose One:**

Beef Dippers w/Rice & Roll Asst. Entrée Salads Hot & Cold Sandwich's

#### Choose:

Broccoli Corn

Fresh Veggie Sticks

#### Choose One:

#### \*BBQ Roasted Chicken w/Rice & Corn Muffin Loaf\*

Asst. Entrée Salads Hot & Cold Sandwich's

Waffle Fries Choose: Seasoned Black Beans Romaine Side Salad

Bacon, Egg & Cheese Pizza

## Choose One:

Chicken Fajita with Tortillas Asst. Entrée Salads Hot & Cold Sandwich's

Choose: Marinara Cup Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers

#### Choose One:

Boneless Buffalo Chicken w Breadstick Asst. Entrée Salads Hot & Cold Sandwich's

Choose: Spinach or Collard Greens Deli Roasted Potatoes Mixed or Tossed Side Salad

## Choose One:

Sweet Thai Chili Chicken over Rice with Roll Asst. Entrée Salads Hot & Cold Sandwich's Choose: Tator Tots Stir-Fry Vegetables Carrots with Dip

11 Pancake Pup

### 12 **Choose One: Choose One:**

26

\*Max Stuffed Pepperoni Pizza\* Firecracker Chicken w/Rice & Roll Asst. Entrée Salads Asst. Entrée Salads Hot & Cold Sandwich's Hot & Cold Sandwich's

Choose: Baked Beans Choose:

Sliced Carrots Romaine Side Salad

Broccoli

Sausage Biscuit

### Glazed WG Dunker Choose One:

Popcorn Chicken with Breadstick Asst. Entrée Salads Hot & Cold Sandwich's

#### Choose:

Green Beans Mashed Potato & Gravy Sliced Cucumbers

## Chicken Biscuit Choose One:

Beef or Pork Tacos Asst. Entrée Salad Hot & Cold Sandwich's

#### Choose:

14

21

Refried Fiesta Beans Corn Mixed or Tossed Side Salad

## 15 Sausage Gravy Breakfast Toast **Choose One:**

Max Sticks Asst. Entrée Salads Hot & Cold Sandwich's Choose: Spinach or Collard Greens Marinara Cup

Carrots with Dip

18 Blueberry Bash Mini Waffles

#### Choose One:

Oven Fries

Fresh Veggie Sticks

General Tso's Chicken w/Rice & Roll Asst. Entrée Salads Hot & Cold Sandwich's

#### Choose:

Corn Stir Fry Vegetables Veggie Dippers

#### Choose One: \*Meatloaf w/Gravy On Buttered

19

Noodles & Rip-stick\*

Asst. Entrée Salads Hot & Cold Sandwich's

#### Choose:

Green Beans . Carrots Romaine Side Salad

## 20 Egg & Cheese Breakfast Sandwich **Choose One:**

Chicken Nuggets with Roll Asst. Entrée Salads Hot & Cold Sandwich

## Choose:

Baked Beans Sweet Potato Waffle Fries Sliced Cucumbers

## **Choose One:**

Cinnamon Roll

Giorgio Cheesy Bread Asst. Entrée Salads Hot & Cold Sandwich Choose: Marinara Cup

Seasoned Black Beans Broccoli Mixed or Tossed Side Salad

## Choose One:

Meatball Sub Asst. Entrée Salads Hot & Cold Sandwich's

22 Ham & Cheese Croissant

## Choose:

Seasoned Curly Fries Mixed Vegetables Carrots with Dip

Breakfast Sausage Bagel

25

#### **Choose One:**

Beef Dippers w/Rice & Roll Asst. Entrée Salads Hot & Cold Sandwich's

#### Choose:

Broccoli Corn

Fresh Veggie Sticks

#### Choose One: \*BBQ Chicken Drummies w/ Rice &

## Biscuit\*

Cheese Omelet Pita

Asst. Entrée Salads Hot & Cold Sandwich's **Choose:** Waffle Fries Seasoned Black Beans Romaine Side Salad

#### Choose One:

Maple Pancake Minis

Chicken Fajita with Tortillas Asst. Entrée Salads Hot & Cold Sandwich's

#### Choose:

Refried Fiesta Beans Mixed Vegetables Sliced Cucumbers

## 28 Apple Cinnamon Texas Toast Choose One:

Boneless Buffalo Chicken w Breadstick Asst. Entrée Salads Hot & Cold Sandwich's

**Choose:** Spinach or Collard Greens Deli Roasted Potatoes Mixed or Tossed Side Salad

## Chicken Breakfast Bites **Choose One:**

Sweet Thai Chili Chicken over Rice with Roll Entrée Salads Hot & Cold Sandwich's Choose: Tator Tots Stir-Fry Vegetables Carrots with Dip

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